FORT HOOD
COMMUNITY SERVICES COUNCIL
AGENDA

24 January 2007

1. Opening Remarks – Welcome–Farewell New Reps/Special Guests	CSC Chair
2. Microphones	DMWR – Ms. Joan Boykin Joan.boykin@hood.army.mil 287-2214
3. Presentations:	
a. October & November 2006 Volunteers of the Month Sequence of Events	DMWR – Ms. Kimberly Parker Kimberly.parker@hood.army.mil 287-VOLS (8657)
b. Combined Federal Campaign Awards Sequence of Events	Garrison – Mr. Willis McGriff Willis.McGriff@us.army.mil 287-0345
4. Old Business	
Fort Hood Area Military Family Member Scholarship Fund	Ms. Shelly Moehlenbrock shellycharliebrock@earthlink.net 993-3012
5. New Business	
a. AAFES – Update	AAFES Manager – Mr. Carmichael Carmichaeld@aafes.com 287-3607
b. Clear Creek Commissary – Update	DeCA – Mr. Sidell John.Sidell@deca.mil 287-5943
c. Warrior Way Commissary – Update	DeCA – Mr. Thompson James.Thompson@deca.mil 287-8025
d. Education – Update	DPTS – Ms. Chris Crismale Chris.crismale@us.army.mil 287-0623

FORT HOOD
COMMUNITY SERVICES COUNCIL
AGENDA

24 January 2007

e. DMWR – Update	DMWR – Mr. Johnsen www.hoodmwr.com 288-MWR1
f. FHAVCCF Coffee and Chocolate Fundraiser	Ms. Robin Layman usmajmu89@aol.com 542-2717
g. Wild West Night (9 February 2007) Fort Hood Women's Conference (1-2 March 2007)	Ms. Garlan Martens GarlanM@hot.rr.com 699-5026
h. CYS Spring Break Camps & Activities (12-16 March 2007)	DMWR – Ms. Sheila R. Curtis Sheila.curtis@us.army.mil 287-2164
i. CYS Support to Deployed Families Month of the Military Child Fest (28 April 2007)	DMWR - Ms. Peggy Stamper Peggy.stamper@hood.army.mil 288-0290
j. Military Saves Kickoff (27 February 2007)	DMWR – Ms. Karen Bradshaw Karen.bradshaw1@hood.army.mil 287-8500
6. Staff Updates	CSC Chair
7. Proposed Agenda Topics for Next Meeting Taskings Summary	CSC Chair
8. Closing Remarks	CSC Chair Summary

Next meeting: 28 February 2007, 0930, Community Events Center
If you have an agenda topic, please call ACS at 287-2214.
Topics must be received by the 3rd working day of the month.

The Fort Hood Area Military Family Member Scholarship Fund

Post Office Box 5299, Fort Hood, Texas 76544 254-286-2334

Thank You Fort Hood Community!

Last year the Fort Hood Area Military Family Member Scholarship Fund awarded $84,300 of vocational and college scholarships to high school seniors and spouses.

This was made possible by the generous contribution of Fort Hood military units, FRGs, military associations, local businesses, civic organizations and individuals.

To learn how you can participate in this worthwhile organization, please call 286-2334.

Requesting Transcripts

Please visit www.umuc.edu/studserv/transreq.shtml and select which division you attending classes.

First transcript is free; each additional transcript is $5.00

Relocating Stateside

If the student is relocating from a different division but want to continue with their UMUC degree plan the student needs to fill out a relocation form located at the following links:

Europe: http://www.ed.umuc.edu/undergrad/services/PCSing.html

Asia: http://www.asia.umuc.edu/student/resources/publications/studentaffforms/relocate.html

For More Information

Phone:		800-888-UMUC or 301-985-7000
E-mail:	Undergraduate:	umucinfo@umuc.edu
	Graduate:	gradschool@umuc.edu
Visit UMUC:		www.umuc.edu/military
Visit UMUC Asia:		www.asia.umuc.edu
Visit UMUC Europe:		www.ed.umuc.edu
For location information,:		www.umuc.edu/locate

Flexible Options

UMUC offers undergraduate students a number of innovative options for earning credit, all of which are available at a distance. EXCEL Through Experiential Learning enables students to earn up to 30 credits for one semester's work toward a first undergraduate degree (15 credits toward a second degree) for college-level learning gained from previous work or life experiences. Through Cooperative Education (Co-op), undergraduate students can earn academic credit in the workplace for new on-the-job learning. Soldier MOS can be evaluated for college credit.

Scholarships are available @ www.umuc.edu

University of Maryland University College

www.umuc.edu

Founded in 1947, UMUC is one of 11 degree-granting institutions in the University System of Maryland. UMUC's principle mission is to serve nontraditional students by providing high-quality educational opportunities in the United States and around the world. UMUC offers more than 120 undergraduate and graduate programs with most available online.

Complete Online Degrees

- **Undergraduate**
  - **Associates**
  - **Bachelors**
- **Graduate**
  - **Masters**
  - **Doctorate***

Also Available Undergraduate and Graduate Level Certificate Programs

Fort Hood Representative:

Hollye Davis

Office Hours:

Monday Through Wednesday 1000-1500

Location: Soldier Development Center-Room G258

Email: hdavis@umuc.edu

Phone: 254-532-9890

* Requires visits to main campus

University of Maryland University College

SCHOOL OF UNDERGRADUATE STUDIES

MAJORS

Accounting
Business Administration
Communication Studies
Computer and Information Science
Computer Studies
Criminal Justice
English
Humanities
Human Resource Management
Environmental Management
Finance
Fire Science
Global Business & Public Policy
History
Information Systems Management
Legal Studies
Management Studies
Marketing
Psychology
Social Science

Active-Duty Military and Spouses	$230PSH
Maryland Resident	$230PSH
Nonresident	$423PSH
Technology Fee	$5 PSH
Undergraduate Application Fee	$30
Late Registration Fee	$30

PSH = Per Semester Hour

Active-duty military personnel and their spouses are eligible for the in-state tuition for undergraduate courses. Books, certain course materials, and some fees are additional. Tuition and fees are subject to change. Students are advised to consult the UMUC web site for the most up-to-date in-

CERTIFICATE PROGRAMS

Accounting—Introductory
Accounting—Advanced
Computer Applications
Database Management
E-Commerce Management
Financial Management
Gerontology
Human Resource Management
Information Assurance
Information Management
Internet Technologies
Laboratory Management
Management Foundations
Object-Oriented Design and Programming
Paralegal Studies
Project Management for IT Professionals
Public Fire-Protection Management and Administration
Systems Approach to Fire Safety
Technology and Management
Visual Basic Programming
Women in Business
Workplace Communications
Workplace Spanish

Students who are applying for undergraduate admission must have graduated from a regionally accredited high school or have completed the General Educational Development (GED) exams with a total score of 2250 and no individual score less than 410. (If they completed the GED exam before January 2002,they must have a total score of at least 225 and no individual test score lower than 40.) To be granted regular admission status, students should also have maintained a cumulative grad point average (GPA) of at least 2.0 on all college-level work attempted at other colleges and

University of Maryland University College

GRADUATE SCHOOL OF MANAGEMENT & TECHNOLOGY

DEGREE PROGRAMS

Doctor of Management (DM)
Global Master of Business Administration (GMBA)
Master of Arts in Teaching (MAT)
Mater of Business Administration (MBA)
Master of Distance Education (MDE)
Master of Education (Med)
Master of International Management (MIM)
- -Energy Resources Management and Policy
- -International Commerce
- -International Finance
- -International Marketing

Master of Science (MS) in
- Accounting and Financial Management
- Accounting and Information Technology
- Biotechnology Studies
  - -Bioinformatics Practice
- Computer Systems Management
  - -Applied Computer Systems
  - -Database Systems Technologies
  - -Homeland Security
  - -Information Assurance
  - -Information Resources Management
  - -Software Development Management
- E-Commerce
- Environmental Management
  - -Energy Resources Management and Policy
- Financial Management and information Systems
- Health Care Administration
- Health Administration Informatics
- Information Technology
- Management
  - -Accounting
  - -Advertising
  - -Energy Resources Management Policy
  - -Financial Management
  - -Health Care Administration
  - -Homeland Security Management
  - -Human Resource Management
  - -Interdisciplinary Studies in Management
  - -Management information Systems
  - -Marketing
  - -Nonprofit Management
  - -Procurement and Contract Management
  - -Project Management
  - -Public Relations
- Technology Management
  - -Energy Resources Management Policy
  - -Homeland Security Management
  - -Project Management
  - -Technology Systems Management
- Telecommunications Management

Master of Software Engineering (MSwE)

CERTIFICATE PROGRAMS

A list of graduate certificate programs are available online at www.umuc.edu

Active-Duty Military and Spouses	$371PSH
Maryland Resident	$371PSH
Nonresident	$601PSH
MBA (regardless of residency)	$635 PSH
Doctor of Management	$605 PSH
Technology Fee	$5 PSH
Graduate Application Fee	$50
Doctoral Program Application Fee	$100
Late Registration Fee	$30

PSH = Per Semester Hour

Active-duty military personnel and their spouses are eligible for the in-state tuition for graduate courses, except the doctoral and MBA programs and part of the GMBA. For master's degrees and certificate programs, books, certain course materials, and some fees are additional. Tuition and fees are subject to change. Students are advised to consult the UMUC web site for the most up-to-date information.

Test scores such as GMAT or GRE are not required for UMUC master's degree or certificate programs

Applicants to the Graduate School of Management and Technology must have a bachelor's degree from a regionally accredited college or university. Individual programs may have additional requirements. Details are provided in the graduate catalog or the UMUC web site.

Military Evaluation Day

Education Services Division Bldg 33009

8 March 2007 0900 -- 1600

Adults with a bachelor~ degree average over $20,000 a year more than those with only a high school diploma, according to new Census data.

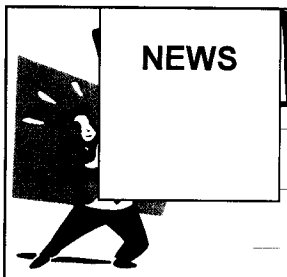
The survey found that adults 18 and older with a bachelor~ degree earned an average of $51 ,554 in 2004, compared to $28,645 for those with only a high school diploma.

- College Credit is available for your military experience and training.
- Military evaluations will be completed on the spot. .
- Bring military records, college transcripts, and CLEP test score reports with you that day.
- College Representatives and ESD Counselors will be available to assist.
- GoArmyEd Tutoring/Assistance will be available also.

For More Information Call 287-4824
Or visit http://esd.hood.army.mil

EDUCATION SERVICES DIVISION

BUILDING 33009, 761ST TANK BATTALION
SOLDIER DEVELOPMENT CENTER



JANUARY 2007

8	Central Texas College (CTC) On Post Classes	*Term Begins
	Tarleton State University (TSU) On Post Classes	*Term Begins
9	ROTC BRIEFING	1300
13	St Mary's University	*Term Begins
15	Martin Luther King Day	closed
16	Univ Mary Hardin Baylor (UMHB)On Post Classes	*Term Begins
17	KNOW YOUR GI BILL	1300

FEBRUARY 2007

5	New Student GoArmyEd Orientation	1300
13	ROTC BRIEFING	1300
19	President's Day	closed
21	KNOW YOUR GI BILL	1300

MARCH 2007

5	New Student GoArmyEd Orientation	1300
	Tarleton State Universtiy On Post Classes	*Term Begins
8	Military Evaulation Day	0900 -- 1600
10	St Marys University On Post Classes	*Term Begins
13	ROTC BRIEFING	1300
19	New Student GoArmyEd Orientation	1300
	CTC and UMHB On Post Classes	*Term Begins
21	KNOW YOUR GI BILL	1300

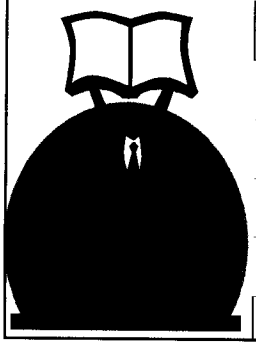
GoArmyEd Mandatory Briefings are scheduled

Monday -- Friday 0900, 1030, 1300, 1500

Friday 1300 and 1500

Soldier Registration for all College Classses begins

on GoArmyEd.com 8 weeks prior to Term start date



"Train for Certainty;

Educate for Uncertainty"

Soldiers, Family Members and Department of Army Civilians are invited to attend briefings.
For futher information call 287-4824 or visit our home page at http://www.ed-net.us

12/21/2006

SOLDIER DEVELOPMENT CENTER

All courses are in the Fort Hood Soldier Development Center, Building 33009, located on 761st Tank Battalion Ave.

TARLETON STATE UNIVERSITY - Spring II 2007

(A part of the Texas A&M University System)

Registration Dates:13 November 2006 -3 March 2007 Term Dates: 5 Mar -5 May 2007

CRN GoArmyEd	Course Nbr/Title	Days	Times	Instructor	Room Nbr
10960 122271	CIS 479 The Technology of E-Business	MW	1930-2200	Staff	C204
11456 122272	COMS 301 Business and Prof Speaking	MW	1930-2200	Schrotenboer	C210
12369 122273	COMS 406 Group Process/Deecision Making	TR	1645-1915	Staff	C210
11458 122274	FA 485 Fine Arts Seminar: Classical Music	TR	1645-1915	Staff	D105
12365 89069	FIN 301 Principle of Finacial Management	MW	1645-1915	Staff	C210
12255 122275	GB 311 Business Statistics	TR	1645-1915	Garner, L.	G114
12761 89071	GB 433 Business Law II	TR	1930-2200	BenSalahuddin	G114
12738 132814	Hist 311 Creating a Nation	R S	1600-1800 1300-1700	Garner	Bldg 18010 RM-A111
10569 132816	MGMT 350 Organizational Behavior & Admin	MTWR	1130-1245	Garcia	C210
10570 132817	MGMT 404 Recruit, Select, & Placement	TR	1645-1915	Garner, L.	C209
12408 132820	PSY 305 Human Cognitive Process	MW	13001530	Carroll	C210
12373 132818	POLS 486 Weapons of Mass Destruction	MW	1645-1915	Dixon	C209
12304 132821	SOC 304 Medical Sociology	TR	1645-1915	Staff	C205
12303 132822	SOC 412 Gender in Society	MW	1645-1915	White	C205
10962 132799	**CIS 507 Systems Analysis for Managers**	**MTWR**	**1130-1245**	**Hill**	**D104**
10964 132800	**CIS 518 Quantitative Concepts**	**MTWR**	**1130-1245**	**Staff**	**C104**
10966 128624	**CIS 598 Research Methods In Info Systems**	**MTWR**	**1130-1245**	**Staff**	**C204**
10659 132812	**FIN 507 Financial Management**	**TR**	**1930-2200**	**Dyer**	**D107**
12733 132815	**HRM 510 The Adult learning Environment**	**TR**	**1645-1915**	**Lyon**	**D107**

St. Mary's University

Master's Degree Programs
Ft. Hood

MA in International Relations
36 Semester Hour non-thesis Degree
Saturday classes in 8 wk. format on Ft Hood
Online Courses Available.

MA in Community Counseling
48 Semester hour program
Classes offered online,
includes 600 clock hour practicum.

**Tuition Grant offered to Active Duty & Retired Military Members, DOD/GS employees, & spouses of these groups. Please contact Aerielle Ludwig for more details.*

Tuition Assistance may be used for qualified students.

Contact: Aerielle Ludwig, Graduate School Representative, for more details.
Office # G259, Soldier Development Center
254-532-8331
stmuhood@gmail.com

CENTRAL TEXAS COLLEGE
www.ctcd.edu

Registration for active duty military through GoArmyEd.com starts 8 weeks before classes begin.

Fort Hood Campus 8 Week Classroom Courses

Civilian Registration: 4-15 Dec 06 & 2-5 Jan 07	Classes: 08 Jan 07 – 07 Mar 07
Civilian Registration: 26 Feb 07 – 16 Mar 07	Classes: 19 Mar 07 – 12 May 07
Civilian Registration: 30 Apr 07 – 18 May 07	Classes: 21 May 07 – 17 Jul 07
Civilian Registration: 16 Jul 07 – 03 Aug 07	Classes: 06 Aug 07 – 01 Oct 07
Civilian Registration: 24 Sep 07 – 12 Oct 07	Classes: 15 Oct 07 – 15 Dec 07

Killeen Campus Classroom Courses

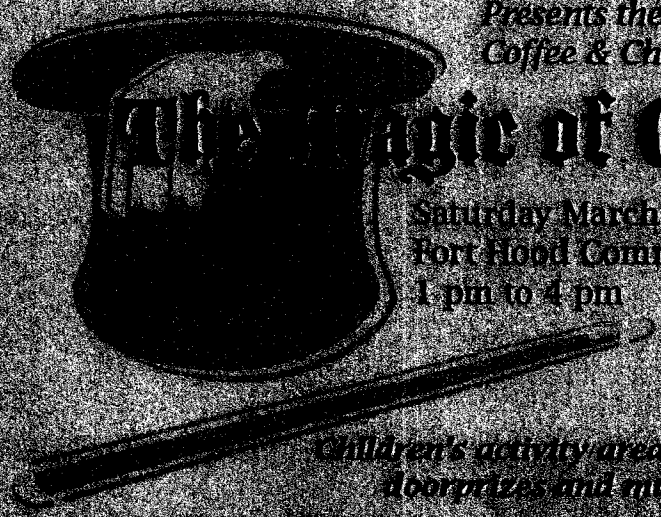
Civilian Registration: 4-21 Dec 06 & 2-12 Jan 07	Classes: 16 Jan 07 – 11 May 07
Civilian Registration: 07 May 07 – 1 June 07	Classes: 04 June 07 – 09 Aug 07
Civilian Registration: 13 Aug 07 – 28 Aug 07	Classes: 27 Aug 07 – 14 Dec 07

Monthly online class schedule available at: http://online.ctcd.edu

Updated 01/09/07

The Fort Hood Area Volunteer Child Care Fund

Presents their annual
Coffee & Chocolate Fundraiser



The Magic of Chocolate

Saturday March 3, 2007
Fort Hood Community Events Center
1 pm to 4 pm

Adults $5
Children Ages 9 - 11 $1
Children 2 yrs and under FREE

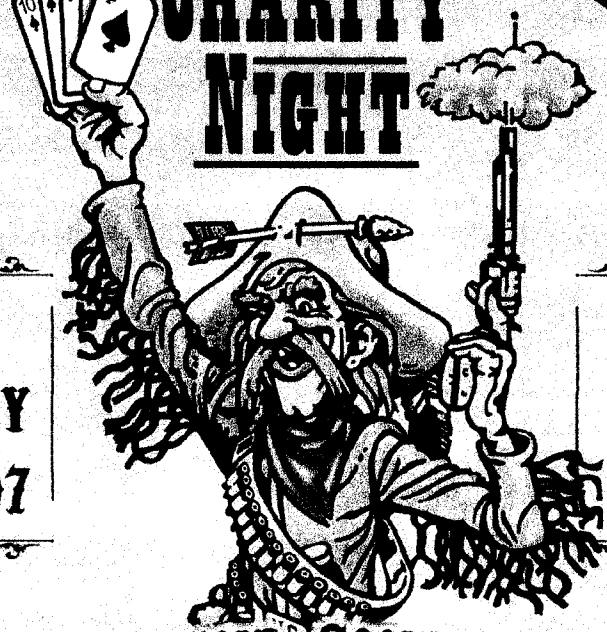
Children's activity area, silent auction, doorprizes and much MORE!!

For more information call 254-634-8060 or email MagicofChocolate@gmail.com
Community Events Center, Bldg 50012, Clear Creek Rd, behind the AAFES gas station

WILD WEST

CHARITY NIGHT

FT HOOD OWC OFFICERS' WIVES' CLUB



FRIDAY FEBRUARY 9TH, 2007

6:30 PM — TO — MIDNIGHT

KILLEEN CIVIC AND CONFERENCE CENTER

TICKETS: $20 PER PERSON

SPECIAL EVENTS INCLUDE

GAMES • LIVE AUCTION
CAN-CAN GIRLS • LIVE BAND
TEXAS HOLDEM POKER TOURNAMENT
AND MUCH, MUCH MORE!!

FOR MORE INFORMATION OWC HOTLINE 286-0957

DUE TO THE NATURE OF THE EVENT YOU MUST BE 21 OR OLDER TO ATTEND.

TICKETS AVAILABLE AT LOCAL AREA CHAMBER OF COMMERCE!

Women's Conference 2007

Conference Notes

*Registration Fee is $20. In addition to the keynote speaker and attendance at the workshop, the registration fee includes a Continental Breakfast and Lunch both days.

*Some classes are demonstrations in which you are an observer only; some are hands-on demos in which you will participate; and some are craft classes in which you will make an item to take home. The rest of the classes are lectures.

*Please enclose a check or money order for the fee -- payable to FORT HOOD WOMEN'S CONFERENCE -- with the registration form. The fee is nonrefundable and nontransferable.

*Registration forms must be postmarked no later than 15 February 2007. Registration is limited to the first 250 registrants. Pre-registration only -- no same day registration.

*This conference is an enrichment experience for military wives (ID carrying active duty, retired, and/or their dependents); therefore, no infants or children are allowed.

*Shirts (all styles and sizes) $20. Again, make the check or money order payable to FORT HOOD WOMEN'S CONFERENCE. (You may add this amount to your registration payment.)

For more information, call 226-9251
or visit our website
www.fthoodwomensconference.com

Conference Schedule

Thursday, March 1

8:15-8:45	Check In/Packet Pick-up/Breakfast
8:45-9:00	Introduction & Welcome
9:05-10:00	Workshop A
10:00-10:10	Break -- move to next class
10:10-11:05	Workshop B
11:05-11:15	Break -- move to next class
11:15-12:10	Workshop C
12:10-1:10	Lunch
1:10-2:05	Workshop D

Friday, March 2

8:30-9:00	Check In/Breakfast
9:00-9:45	Keynote Speaker
9:45-10:00	Break -- move to next class
10:00-10:55	Workshop E
10:55-11:05	Break -- move to next class
11:05-12:00	Workshop F
12:00-1:00	Lunch

Purpose

The purpose of this conference is to uplift, enlighten, motivate and strengthen military wives as women, wives, mothers and invaluable contributors to the Army community.

This conference is open to all military wives, active duty and/or retired.

Women's Conference 2007

March 1-2
Conference Center
Fort Hood, Texas

For more information, call 226-9251
or visit our website
www.fthoodwomensconference.com

Women's Conference 2007 Registration Form

Name_____ Phone_____ Email_____

Address_____ City_____ State_____ Zip_____

Refer to the Class Listings and make THREE choices per time slot. Write the two character codes of your choices in the table below. When you check in on 1 March, you will receive your schedule. Because classes are limited in size, you may not get all of your first choices. Conference attendance is limited to the first 250 registrants.

Thursday				Friday	
Workshop A	Workshop B	Workshop C	Workshop D	Workshop E	Workshop F
9:05 - 10:00	10:10 - 11:05	11:15 - 12:10	1:10 - 2:05	10:00 - 10:55	11:05 - 12:00
1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
3. _____	3. _____	3. _____	3. _____	3. _____	3. _____

Breakfast both days will be continental with bagels, danish and fruit.
Thursday, March 1: Chik-Fil-A Sandwich, Garden Salad, Brownie
Friday, March 2: Jason's Deli Wrap (Check one choice ____Ham ____Turkey ____Tuna ____Vegetarian), Chips, Cookie

Polo Shirts: Quantity _____ Size (S, M, L, XL, XXL $20) _____
Sweatshirts: Quantity _____ Size (S, M, L, XL, XXL $20) _____
*Please add shirt order amount to your registration fee payment.

Enclose a check or money order, made payable to FORT HOOD WOMEN'S CONFERENCE, for $20 (if ordering polo shirts or sweatshirts, also include additional amount), detach this registration form and mail to:
Women's Conference 2006, P.O. Box 5569, Fort Hood, TX 76544. *Registration must be postmarked no later than 15 Feb 2007.*

Thursday 9:05-10:00
Workshop A

A-1 Stained Glass (craft)
A-2 Photographing Your Family Like a Pro
A-3 Being Your Own Boss
A-4 Learning Partner Massage
A-5 Learning Texas Hold 'em Poker
A-6 Children's Nutrition and Vaccinations
A-7 Watercolor Painting 101(craft)
A-8 Modeling and Self-Image & Your Child in the Biz.
A-9 Transforming Your Table with Fabulous Centerpieces
A-10 Making Kiln Formed Jewelry (craft)

Thursday 10:10-11:05
Workshop B

B-1 EZDecorating @ Christmas- Lavender Ball Ornaments (craft)
B-2 10 Legal Myths All Army Spouses Should Know
B-3 Jobs for Military Spouse
B-4 Decorating Your Home Simply and Elegantly
B-5 Follow Your Dreams as You Follow Your Spouse
B-6 Cake Decorating (craft)
B-7 Watercolor Painting 101 (cont.) (craft)
B-8 Beginning Quilt Making (craft)
B-9 Manners for Kids
B-10 Staging/ Prepping Your Home for Sale

Thursday 11:15-12:10
Workshop C

C-1 Texas Landscaping and Lawn Care
C-2 Scrapbooking 101 and project (craft)
C-3 Perfecting Interview Skills
C-4 Making Kiln Formed Jewelry (craft)
C-5 Follow Your Dreams as You Follow Your Spouse (cont.)
C-6 Entertaining 101
C-7 Self Defense for Women-hands on
C-8 This Military House-Move It, Decorate It, Organize It
C-9 Beginning Quilt Making (craft)
C-10 Marriage Enrichment for Contingency Operations-METCO
C-11 Easy Healthy Meals/ Stocking the Pantry

Thursday 1:10-2:05
Workshop D

D-1 Natural Alternative Health
D-2 Permanent Make-Up, Botox, Peels...Skin Care Crazes and Facts
D-3 Fresh Flower Arranging (craft)
D-4 Afternoon Tea and Etiquette
D-5 Mosaic Candle Plate (craft)
D-6 Designing Your Own Fitness and Nutrition Plan
D-7 Gourmet Cooking Class
D-8 Women, Money, Power - Financial Power and Knowledge for Women
D-9 Easy Jewelry Making - Bracelets (craft)
D-10 Marriage Enrichment for Contingency Operations - METCO (cont.)

Friday 10:00-10:55
Workshop E

E-1 Jewelry Making-Easy Bracelet (craft)
E-2 Bankrolling Your Business
E-3 Playing in the Mud...learning pottery (craft)
E-4 Stress Management/Achieving Goals
E-5 Hormone Health for all Ages and Genders
E-6 Etiquette 101
E-7 EZDecorating @ Christmas-Pinecone Ornament (craft)
E-8 Make-Up and Hair Trends for 2007
E-9 Learning Texas Hold'em Poker
E-10 ~~Machine Quilting (craft)~~ Beginning Crosstitching (craft) 2HR
E-11 Antiquing 101

Friday 11:05-12:00
Workshop F

F-1 Texas Landscaping and Lawn Care
F-2 Transforming Your Table with Fabulous Centerpieces
F-3 Playing in the Mud...learning pottery (craft)
F-4 Mosaic Candle Plate (craft)
F-5 Easy Nutrition/Making a healthy grocery list/Easy Recipes
F-6 Scrapbooking 101 and project (craft)
F-7 Self Defense for Women
F-8 Decorating Your Home Simply and Elegantly
F-9 Being Pink in a Blue World-Mom's of Boys Survival Class
F-10 Basic Line Dancing -hands on
F-11 Beginning Crosstitching (craft)

Special Notes

Signing up for session A-7 automatically signs up for session B-7 - Watercolor Painting
Signing up for session B-5 automatically signs up for session C-5 - Follow Your Dreams
Signing up for session C-10 automatically signs up for session D-10 - Marriage Enrichment
Signing up for session E-3 automatically signs up for session F-3 - Mud Pies Pottery
Signing up for E-10 automatically signs up for session F-11

For more information, call 226-9251
or visit our website
www.fthoodwomensconference.com

U.S. ARMY MWR FOR ALL OF YOUR LIFE

U. S. Army Child & Youth Services

Fort Hood Child and Youth Services

Youth and School-Age Services

What to do and where to go for Spring Break!

frequently called numbers

School-Age Services	
Clarke/Oveta Culp Hobby	(254) 288-6310
Clear Creek	(254) 554-3667
Duncan	(254) 287-4362
Montague	(254) 539-8695
Venable Village	(254) 526-4217
Walker-Meadows	(254) 287-7950
Youth Services	
Bronco Youth Center	(254) 287-6745
Comanche Youth Center	(254) 287-5834
High Chaparral Youth Center	(254) 287-5646
Youth Sports and Fitness	(254) 288-3770

youth services

bronco youth center

Building 6602, Tank Destroyer Boulevard
254.287.6745

MONDAY, 12 MARCH 2007

Passport to Manhood & Smart Girls Day of Grooming and Beauty
1000-1600, $20.00

Passport to Manhood and Smart Girls are Boys & Girls Club programs dedicated to promoting health, fitness, prevention education and self-esteem enhancement for the young men and women.

TUESDAY, 13 MARCH 2007

Robotics 101
1000-1600, Free

Are you ready to take the Robotics Challenge? Roll up your sleeves to design and build robotic creations, problem solving, critical thinking and robotic exploration using LEGO® Robotics and software.

Capri Sun and Kool-Aid Purse Design
1000-1600, $5.00

Learn the ins and outs of creative design using Capri Sun and Kool Aid pouches to make remarkable purses.

WEDNESDAY, 14 MARCH 2007

Passport to Manhood & Smart Girls Etiquette Workshop
1000-1600, $10.00

Enjoy a delicious dining experience at Ryan's while learning proper table manners and etiquette.

All three youth centers are proud partners of the National 4-H Council and the Boys and Girls Clubs of America!

THURSDAY, 15 MARCH 2007

Trip to the Zero Gravity Thrill Amusement Park
0900-2100, $20.00

Zero Gravity, located in Dallas, is the world's only thrill amusement park and features the Nothin' but Net 100' freefall ride, the Texas Blastoff vertical accelerator, the Skycoaster hang gliding-skydiving simulator, and Air Boingo bungee jumping.

FRIDAY, 16 MARCH 2007

Spring Scavenger Hunt
1000-1400, Free

Historically, the game of scavenger hunting is a simulation of what was once an important and necessary work in order for the human race to survive -- participate in this Youth Services twist on the old-fashioned scavenger hunt!

Triple Play Volleyball Game
1500, Free

Triple Play is a Boys & Girls Club program designed to promote health and wellness and empower young people to make informed decisions about their physical, mental and social well-being.

SATURDAY, 17 MARCH 2007

Trip to Speed Zone
0800-2400, $10.00

Wanna race? Get behind the wheel on one of four racing tracks including real dragsters that take you from 0 to 70 in 3.5 seconds.

youth services

Building 52019, off Tank Destroyer Boulevard
254.287.5834

MONDAY, 12 MARCH 2007

Project Learn Trip to the KISD-TV Station
1000-1300, Free

Tour the KISD-TV station and watch an exciting live demonstration. Project Learn is a Boys & Girls Club program that focuses on enhancing educational performance.

TUESDAY, 13 MARCH 2007

Swimming Trip to Abrams Pool
1300-1600, Free

Enjoy a fun-filled day swimming with friends at the installation's only indoor pool!

WEDNESDAY, 14 MARCH 2007

Project Learn Trip to The Bob Bullock Texas State History Museum
1300-1700, $15.00

The Bob Bullock Texas State History Museum tell the "Story of Texas" with three floors of interactive exhibits and Austin's only IMAX Theatre.

THURSDAY, 15 MARCH 2007

Trip to Putt-Putt Fun Center
1300-1700, $15.00

Enjoy an action packed day at Killeen's only fun center, complete with a go cart race track, bumper boats, and game-filled arcade!

FRIDAY, 16 MARCH 2007

Trip to Austin's Park 'n Pizza
1300-1800, $20.00

At Austin's Park 'n Pizza, you'll find more than 22 acres of fun-filled attractions, event areas, and interactive game pavilion and delicious pizza, pasta, and salad buffet!

During spring break, all youth centers are open Monday-Friday from 1200-2000, with the exception of special programs and field trips!

Call youth centers for more information.

www.hoodmwr.com/childandyouth.htm

youth services

Building 5485, in Pershing Park
254.287.5646

FRIDAY, 9 MARCH 2007

Project Learn Trip to Texas State Technical College
Departs at 0800, Free

Tour Texas State Technical College in Waco and join along with them to celebrate 40 years of top-quality technical education. A must for any high-school student looking into technical trades!

SATURDAY, 10 MARCH 2007

America's Promise & TeenSupreme Trip to the Ronald McDonald House
Departs at 1500, Free

Have fun while benefiting the community! Not only can you enjoy a fun-filled trip with your friends, but you can earn valuable skills and volunteer hours for making a difference in the lives of families staying at the Ronald McDonald House.

TUESDAY, 13 MARCH 2007

Character Counts! SAS Storytime
1500, Free

Help spread knowledge of the six pillars of character education and earn valuable volunteer hours while reading character building books to children in the School-Age Services program!

Dinner and a Movie
1600-2200, $13.00

Enjoy a night of fine dining, theater, and camaraderie with friends.

WEDNESDAY, 14 MARCH 2007

Fishing Trip
Departs at 0600, $2.00

Bait 'em and hook 'em!

THURSDAY, 15 MARCH 2007

Gatti-Land Lock-In
2100-0700, $25.00

Enjoy the best of both worlds -- a lock-in and a trip to Gatti-Land in Round Rock. Gatti-Land boasts 9,000 square feet of the latest interactive and video arcade games, and a delicious pizza buffet!

FRIDAY, 16 MARCH 2007

Swimming Trip
1300-1700, Free

Enjoy a fun-filled day swimming with friends.

Triple Play Late Night
2000-2300, Free

Basketball -- High school students
Skating -- Middle school students

Enjoy a late night devoted to the four F's: fitness, friends, food and fun!

SATURDAY, 17 MARCH 2007

End of Spring Break Cookout
1500, $3.00

Wrap up spring break 2007 with a relaxing and tasty BBQ!

free -- ROBOTICS EXTREME! Robotics Camp -- free
[illegible] March 2007 from 1300-1600

www.hoodmwr.com/childandyouth.htm

youth sports and fitness

youth sports and fitness

Building 6602, Tank Destroyer Boulevard
254.288.3770

SPRING SOCCER REGISTRATION

Co-ed spring soccer registration going on now through Friday, 2 March 2007!

Open to youth enrolled in Child and Youth Services in kindergarten through 8th grade. Season begins in April!

YOUTH SKATE PARK

4'Half pipes, quarter pipes, skateable bench, picnic table, and guard rails!

Open to all youth in 1st through 12th grades.

Hours of operation:

Monday, 1000-1800
Tuesday – Saturday, 1000-1930
Closed Sundays and all federal holidays

Helmets and protective gear must be worn at all times.

-- WANTED --

Volunteer coaches for all sports!

For more information, call 288-3770.

www.hoodmwr.com/childandyouth.htm

Fort Hood Child and Youth Services **254.287.8029**

school-age services

"what a wild week!" spring break camp

Building 85018, Warrior Way
254.287.7950

FRIDAY, 9 MARCH 2007

4-H Better Living for Texans: Dirt Cake

The Better Living for Texans program provides nutrition education and assists youth in acquiring the knowledge, skills, and behaviors necessary to make nutritionally sound decisions.

Extreme Board Gaming!

Board game tournaments galore!

MONDAY, 12 MARCH 2007

4-H Creative Creations: Bird Houses

4-H Creative Creations is a program that focuses on building individuality and creativeness through arts and crafts.

TUESDAY, 13 MARCH 2007

4-H Science & Project Learn: Bottled Hurricanes and Outrageous Ooze

4-H and Boys & Girls Clubs Project Learn program join forces to form an interesting and ooey, gooey science experiment!

Smart Girls Hair Scrunchies

Learn how to create and personalize hair scrunchies for yourself or for friends!

WEDNESDAY, 14 MARCH 2007

Character Counts! Tell My Story

An interactive and creative expression of the importance of the six pillars of character education and how they play a role in everyday life.

Triple Play: "Exercise and You!"

Triple Play is a Boys & Girls Club program designed to promote health and wellness and empower young people to make informed decisions about their physical, mental and social well-being.

THURSDAY, 15 MARCH 2007

PS2 & X-BOX Battle

A friendly tournament to develop and promote respect, teamwork and sportsmanlike conduct.

FRIDAY, 16 MARCH 2007

4-H Creative Creations: Sweet Self-Portrait

A fun and tasty arts and crafts project promoting self-esteem and self-worth.

Triple Play: Spring Break Olympics

A fun-filled fitness extravaganza!

PLUS fun and exciting field trips!

For more information, call 287-7950.

www.hoodmwr.com/childandyouth.htm

MWR
FOR ALL OF YOUR LIFE

U.S. Army Child & Youth Services

ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living

Kids of all ages -- you're invited to the

Month of the Military Child

Fest

Saturday, 28 April 2007
10:00AM - 3:00PM
Hood Stadium

Free!!! **Free!!!**

Entertainment **Food**

Prizes **Games**

Give Aways **Awesome Activities** **Petting Zoo**

Please call 288-3089 or email peggy.stamper@hood.army.mil for more information, or to volunteer or offer support for this extra special event!

Operation Financial Fitness

Reach your saving goals. Be debt-free. Build wealth.

Military Saves

[redacted]

civil servants, retirees, veterans and contractors, those who serve America are serving their futures by saving money.

As members of Military Saves, they are paying off their debt, and saving to reach their financial goals. We can help with tips and tools to help you set goals, develop strategies to reach those goals, and start saving. So what are you waiting for?

[redacted]

MWR

ARMY COMMUNITY SERVICE ACS

For more information contact Army Community Service, Financial Readiness Branch, POC: Melody Squires 287-CITY

Free Refreshments ♦ Door Prizes

Presented by

Army Community Service Financial Readiness Branch
Fort Hood National Bank, And Better Business Bureau

HealthWORKS

By Team Darnall, January 2007

Flu, cold season here

Even with the recent mild weather, cold and flu season is upon us. In fact, there have been several cases of influenza seen at Carl R. Darnall Army Medical Center. So now is the time to review some of the important tips to keep in mind for dealing with those nasty bugs.

First do all that you can to keep from getting sick. The most important thing is to stay fit and rested. Keeping your body tuned up means your immune system will be able to fight off germs.

The next thing is to avoid situations where you pick up germs from people who are already sick. Wash your hands after using items that others touch, and remember that viruses on your hands get into your body when you rub your eyes or touch your mouth and nose. It's never a good idea to get sneezed on, but most of the colds we get are spread by direct contact.

If you do get sick, you can usually take care of yourself. Most of common viral illnesses, including influenza, go away without any medical treatment. If you get seriously ill, though, make sure you get proper medical attention. The chart below can help you decide if you have a common cold or influenza.

Symptom	Cold	Flu
Fever	Rare in adults, small children may get up to 102 degrees	Usually in everyone, may last 3 to 4 days
Headache	Rare	Typical and can be severe
Muscle aches	Mild	Moderate to severe
Tiredness/weakness	Mild	More severe and can last over a week
Extreme exhaustion	Never	Common
Cough	Mild	Can be severe
Sneezing	Often	Sometimes
Sore Throat	Often	Sometimes
Runny nose	Often	Sometimes

Whether you have a mild cold or a the more severe flu symptoms you need to do your part to protect those around you: cough into your sleeve or a tissue, wash your hands frequently, avoid touching objects that are used by others (the main way viruses spread), and stay out of group settings while you are infectious (usually the first three to four days that you're sick).

If you do get influenza, it is important to remember that you will need to rest, eat well, and not overwork yourself. That gives your body what it needs to recover, which can take two to three weeks.

More information can be found at the CRDAMC Web site, and remember it isn't too late to get your flu immunization. -- *Article written by Dr. Troy Ross, chief of Preventive Medicine*

Red Cross needs caremobile drivers

The American Red Cross at the Carl R. Darnall Army Medical Center is seeking 10 volunteers to serve as drivers to transport patients in the caremobile, a golf cart-like vehicle.

With winter here, some patients – like those who are elderly, disabled, or pregnant – may experience difficulties reaching the center from the parking lot. Additionally, this service eases the congestion in front of the center as people are dropped off.

Volunteers would drive patients from the center's parking lot to CRDAMC. The hours are from 7:30 a.m. to 4:30 p.m., Monday through Friday. A schedule will be made to accommodate volunteers who want to work half-days, whole days, etc. All drivers must have good vision and hearing.

Contact Ernan Shanahan at 254-288-8144 or e-mail him at **Ernan.shanahan@amedd.army.mil** if you would like to volunteer.

January is:

National Birth Defects Prevention Month: www.marchofdimes.com

National Glaucoma Awareness Month: www.preventblindness.org

Cervical Screening Month: www.wcn.org

National Volunteer Blood Donor Month: www.militaryblood.dod.mil **and** www.aabb.org

Thyroid Awareness Month: www.aace.com

HealthWorks Tip of the Month...

Handwashing 101

Keeping hands clean is one of the most important steps you can take to avoid getting sick and spreading germs to others. It is best to wash your hands with soap and clean running water for at least 20 seconds. However, if soap and clean water are not available, use an alcohol-based product to clean your hands. Alcohol-based hand rubs significantly reduce the number of germs on skin and are fast acting.

Do not touch your face. Germs are generally located on dirty hands and by touching your eyes, nose or mouth you infect yourself with them. This winter, remember the easy two-step method to keeping your family healthy. Wash your hands and wash them often.

When washing hands with soap and water:

- Wet your hands with clean running water and apply soap. Use warm water if it is available.
- Rub hands together to make a lather and scrub all surfaces.
- Continue rubbing hands for 20 seconds. Need a timer? Imagine singing "Happy Birthday" twice to a friend!
- Rinse hands well under running water.
- Dry your hands using a paper towel or air dryer. If possible, use your paper towel to turn off the faucet.

Remember: If soap and water are not available, use alcohol-based gel to clean hands.

When using an alcohol-based hand sanitizer:

- Apply product to the palm of one hand,
- Rub hands together,
- Rub the product over all surfaces of hands and fingers until hands are dry.

For more information on Team Darnall, our services and up coming events, visit our Web site at ***http://www.hood-meddac.army.mil***

For information on TRICARE services, log on to ***http://www.tricare.osd.mil/***

HPV vaccine now available to help prevent cervical cancer

CRDAMC news release

In June 2006 a new vaccine was approved by the Food and Drug Administration to help prevent cervical cancer. Cancer of the cervix can be a serious, life-threatening disease.

Approximately 10,000 women are diagnosed with cervical cancer every year and an average of 10 women die each day from the disease. The majority of cervical cancer is believed to be caused by a virus called Human Papillomavirus (HPV). HPV has many different types (more than 100).

Depending on the type, the virus may go away on its own, turn into genital warts, precancerous lesions, or cervical cancer. The Center for Disease Control and Prevention (CDC) estimates that 20 million people are infected with HPV and that 50 percent of sexually active people will be infected with HPV during their lifetime.

The vaccine which has been approved is called Gardasil®. It is made up of four types of HPV (types 6, 11, 16 and 18). In addition to protecting against cervical cancer, it also protects against abnormal precancerous cervical lesions, precancerous vaginal lesions, and genital warts. It is 95 to 100 percent effective against the four types of HPV.

The vaccine is approved for use with girls and women ages 9-26. The vaccine will prevent abnormal lesions, but it will not treat them. Once a woman has been exposed to the virus, the vaccine will only affect those forms of HPV she does not carry.

This means that the best chance of achieving the full benefit of the vaccination depends on vaccinating prior to the onset of sexual activity. Vaccination requires a series of three injections during a six-month period.

Remember that vaccination is not a substitute for routine cervical cancer screening. Talk to your doctor about obtaining a yearly pap smear. Even if you have had an abnormal pap smear in the past you are still eligible to receive the vaccine. This vaccine will not protect you against other types of cancer.

How can I get the vaccination?

Gardasil® is now available at all Carl R. Darnall Army Medical Center primary care clinics including Women's Health Clinic, Family Medicine Residency Center, Thomas Moore Health Clinic, Bennett Health Clinic, Monroe Health Clinic, Copperas Cove Health Clinic, and the Pediatric Clinic (Bennett Annex).

For CRDAMC-enrolled females ages 9-26: When you make a routine well-woman appointment or a routine pre-adolescent appointment (for your child) your (or your child's) provider will ask you if you would like to initiate the three-shot series at that appointment. It is important if you start the shots that you complete the series of three shots to get the best protection. Contact your primary care clinic to determine whether you need an appointment for the second and third shot or if you are authorized to "walk-in" for those shots.

For Civilian Network TRICARE Prime and Standard females ages 9-26:
As of Nov. 1, the vaccine is now a TRICARE covered benefit. If you are enrolled to a civilian network provider, call your PCM to see if they have this vaccine available. Routine co-pays/cost shares (if applicable) will cover the cost of this vaccination.

Contact your provider for specific questions regarding side effects, precautions and contraindications with the vaccine.

CURRENTLY SEEKING APPLICANTS FOR THE 2007-2008 FORT HOOD AREA THRIFT SHOP (FHATS) BOARD OF DIRECTORS

ELECTED POSITIONS:

CHAIRMAN

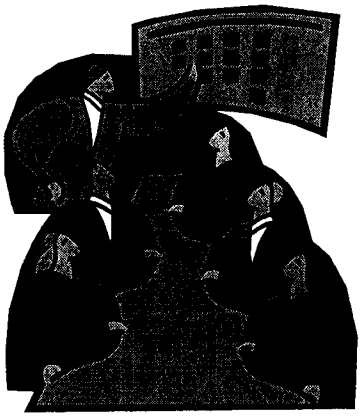
VICE-CHAIRMAN

SECRETARY

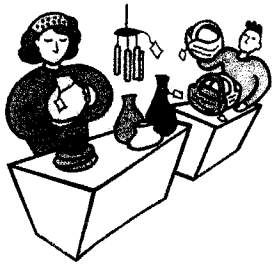
(SELECTIONS WILL BE MADE IN APRIL)

TO BE ADDED TO THE BALLOT, PLEASE CONTACT ONE OF THE FOLLOWING FOR THE PROPER FORMS, OR COME BY THE FHATS. FORMS MUST BE RETURNED PRIOR TO *MARCH 9, 2006:*

JANE COTTER (NOMINATING CHAIRMAN)- 554-8396
MARGARET BOND (FHATS MGR.)- 532-2948
SUSAN GALLEGO- 539-5661
MONA THARP- 554-5415
DAWN HUDSON- 547-5090
BARBARA MILLER- 547-4679



FRG VOLUNTEER
FUNDRAISING OPPORTUNITIES AT
THE FORT HOOD
AREA THRIFT SHOP (FHATS)



Earn $150, $200, or $300

Three options are available:

- ***A $300 full month FRG contract:*** FRG must work (4) Thursdays & the 1st and 3rd Saturdays of the month. The Thrift Shop will make a donation of $300 to the FRG after fulfillment of all man-hours. Months without 6 working days will be prorated.
- ***A $200 full month FRG contract:*** FRG must work all (4) Wednesdays of the month. The Thrift Shop will make a donation of $200 to the FRG after fulfillment of all man-hours.
- ***A $150 half month FRG contract:*** FRG must work either the first (2) or last (2) Thursdays of the month, as well as the corresponding Saturday. The Thrift Shop will make a donation of $150 to the FRG after fulfillment of all man-hours.

It is the obligation of the FRG to make certain there are at least 2 volunteers available on <u>every</u> shift, or the contract is voided and the Fort Hood Area Thrift Shop is released from the obligation to make a monetary donation.

If more than one FRG applies for the same volunteer opportunity, it will be decided by a drawing. FRG's that have volunteered and worked in the Thrift Shop must wait <u>three</u> months before they may be accepted for a repeat volunteer slot, unless no other FRG has contracted to fill that slot. Reservations should be made a minimum of 45 days in advance of the desired FRG slot.

A minimum of 2 and maximum of 5 people must volunteer to work each shift in its entirety. The Thurs. & Sat. workday is from 0900 to 1400 hours. The Wed. workday is from 0900 to 1500 hours.
FRG volunteers must arrive by 0845 for a short briefing by the Floor Manager, unless they are a repeat volunteer.

Duties will include (but are not limited to) pulling expired items, emptying the Donation Bin, tagging items, straightening merchandise, and miscellaneous work. A 30 minute lunch break is part of the workday as scheduled by the manager. Volunteers are responsible for their own lunch.

No childcare is provided, and no children under 16 should be brought to the Thrift Shop by FRG volunteers.

Volunteer hours worked for the FRG program are NOT counted toward qualification hours for Thrift Shop volunteer benefits.

The FRG representative who signed the contract may pick up their FRG's check at the Fort Hood Area Thrift Shop on the 1st business day of the month following the contract period.

FRG Leaders should call the FHATS Manager, Margaret Bond at 254-532-2948 or <u>fhthriftshop@aol.com</u> for additional information.

Casey Memorial Library

Calendar of Events

February 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Romance your way to the Library Come celebrate Valentine's all week with Casey Memorial Library February 11-17, 2006 is our Romance Novel Week				1	2 Preschool Storytime 1030	3
4	5 New Bestseller Lists Posted	6	7 Most Frequently Borrowed Books List Posted	8	9 Preschool Storytime 1030	10 Children's 'Make-and-Take' Crafts anytime between 1000-1600
11 *Romance Novel Week Begins*	12 New Bestseller Lists Posted	13	14 ***Happy Valentine's Day!***	15	16 Preschool Storytime 1030	17 *Last Day of Romance Novel Week*
18	19 President's Day Observed **Library Closed**	20 New Bestseller Lists Posted	21	22	23 Preschool Storytime 1030	24
25	26 New Bestseller Lists Posted	27	28	**Romance Novel Week! Sign up at the library!** **And celebrate Black History Month** MWR		

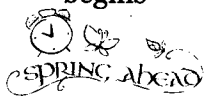
Building 3202, at 72nd St. & 761st Tank Battalion Ave., Fort Hood, Texas 76544
(254) 287-4921
http://www.hoodmwr.com/casey_library.htm

[Please see the March calendar on the other side]

Casey Memorial Library

Calendar of Events

March 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MWR	Want to find a fortune at the end of the rainbow? Visit Casey Library for literature on improving your Finances, Investments, Real Estate, and more!!			1	2 Preschool Storytime 1030	3
4	5 New Bestseller Lists Posted	6	7 Most Frequently Borrowed Books List Posted	8	9 Preschool Storytime 1030	10 Children's 'Make-and-Take' Crafts anytime between 1000-1600
11 Daylight Saving time begins 	12 New Bestseller Lists Posted	13	14	15	16 Preschool Storytime 1030	17 Happy St. Patrick's Day!
18	19 New Bestseller Lists Posted	20	21	22	23 Preschool Storytime 1030	24
25	26 New Bestseller Lists Posted	27	28	29	30 Preschool Storytime 1030	31

Building 3202, at 72nd St. & 761st Tank Battalion Ave., Fort Hood, Texas 76544
(254) 287-4921
http://www.hoodmwr.com/casey_library.htm

[Please see the February calendar on the other side]

Consumer Affairs Tabloid

Keeping you in the "KNOW"

287- CITY | Army Community Service Financial Readiness Branch | January 2007

About.com

Financially Fit: Resolutions For The New Year

http://financialplan.about.com/library/weekly/aa123099a.htm

The new year is an ideal time for recommitting ourselves to things that are important to us. What could be more important than being financially fit? And what could be better than starting fresh in a new year? Now's the time to set your goals. Here are my picks for the most important resolutions for financial fitness this year and beyond.

- If you don't have a written budget, do one now. If you do have a budget, resolve to stick to it.
- Resolve to save between 5 and 10% of your take home pay. Don't set money aside only when there's some left over; pay yourself first.
- Resolve to pay off those credit cards. Credit card debt is the number one reason that most people can't get ahead.

Rutgers Cooperative Extension

Financial Resolutions to Start the New Year Off Right

www.rcre.rutgers.edu/money2000/pressroom/release.asp?id=152

Looking for ideas to improve your finances during the upcoming year?

- Take advantage of higher contribution limits for both individual retirement accounts (IRAs) and tax-deferred employer retirement plans such as 401(k)s, 403(b)s, and Section 457 plans. (Thrift Savings Plan for the Military)
- Maintain a low debt-to-income ratio. Monthly consumer debt payments should be 15% or less of monthly take-home pay. Example: $275 of debt payments divided by $2,500 of net pay equals a consumer debt-to-income ratio of 11% (275 divided by 2,500).
- Accumulate an emergency fund of at least three month's expenses. Keep this money liquid in cash equivalents such as a credit union account, money market mutual fund, or short-term CD.

From the Files of Fort Hood's Consumer Affairs Office

Financial Tips for the New Year

Review your budget and make adjustments for the upcoming year. In addition to your normal monthly expenses don't forget periodic expenses such as vacations, travel, gifts, auto/home/yard maintenance, education, and entertainment.

Consider opening a Christmas Savers Account in January with your financial institution.

Create a savings plan for large purchases such as auto, furniture, or a down payment for a house.

Your Battalion's Command Financial/Family Advocacy Specialist (CF/FAS) can assist you with creating/reviewing a budget and with debt management tips. Contact the Financial Readiness Branch at 287-8979/288-2862 for more information or for the name & phone number of your CF/FAS.

Have questions? Contact: melody.squires@us.army.mil 287-CITY (2489)

ACS
Employment Readiness Branch
"Your Job Search Network"

Bldg. 4220, South 77th Street
Fort Hood, TX 76544

Phone: 254-288-2089
Fax: 254-285-5233
E-Mail: fthoodacserb@hood.army.mil
Website: www.hoodmwr.com/acs/erb.html

Hours of Operation:
Monday through Friday
7:30 a.m. to 4:30 p.m.
Except federal holidays

Vision

Military Spouses at Fort Hood will be afforded the opportunity to develop a career/work plan.

Mission

Provides quality, timely, and accurate employment information to give the competitive edge needed to secure employment.

Program Goal

The **Employment Readiness Branch (ERB)** assists military spouses and eligible clients in overcoming the significant challenges associated with finding employment, especially during relocation.

ERB Staff

Teresa Shipman
Branch Manager
Marie Irving
Education Trainer
Judy Martinez
Office Associate

MARK YOUR CALENDAR

Call To Register For Workshops: 254-288-2089

Tuesdays 0830-1030	"Writing A Winning Resume"-Resume and Application Development Workshop. Learn how to create a resume that employers will read. Co-sponsored by Jobs 4 Military Families at Central Texas Workforce Center, Killeen.
Tuesdays 1315-1430	"The NETWORK" (Newcomers' Employment Training Workshop) Orientation, targeted to newly arriving military spouses and family members seeking employment. Bldg. 4220, Fort Hood.
Wednesdays 1030-1145	"Job Search with Confidence"-Self Esteem+Motivation=Career Rewards! Co-sponsored by Jobs 4 Military Families at Central Texas Workforce Center, Killen.
Wednesdays 1400-1500	"Advanced Resume Writing Workshop" - Learn how to adapt your resume to Show off your Super Skills, Awesome Abilities, Amazing Accomplishments and "WOW" the employers! Bldg 4220, Fort Hood.
Thursdays 0830-1200	"Making a Great Impression" - Interviewing and Communication Techniques Workshop. Ace your next interview. Co-sponsored by Jobs 4 Military Families at Central Texas Workforce Center, Killeen.
Fridays 0830-0930	Is It TIME TO MAKE A CAREER CHANGE? Take a personal inventory of your "VIPS": Values, Interests, Personality & Skills before entering into your job search. Bldg 4220, Fort Hood.
Upcoming Events	"Career Exploration Seminar" - Tuesday, January 23, 2007, 0900-1130, Central Texas Workforce Center, Killeen. "Hood Howdy & Mini Career Fair" - Wednesday, February 28, 2007, 1000-1400, Fort Hood Catering and Conference Center.

GEE, I WANT A JOB ★ JOBS 4 MILITARY FAMILIES

Jobs 4 Military Families is a Central Texas Workforce System project that is supported and guided by local community leaders and businesses as well as key leaders on Fort Hood. Services are for **family members of active duty military** over the age of 18 who left employment to accompany a military service member to Fort Hood, **civilian personnel** on Fort Hood who are given notice of intent to lay-off, and **Reservists and National Guard** who left employment or Workforce Investment Act or Trade Adjustment Assistance training as a result of being called to active duty for deployment as well as **spouses of Reserve and National Guard** who left employment to accompany the service member to Fort Hood.

TIPS OF THE TRADE ◆ TRY VOLUNTEERING

Through volunteer service, individuals can learn or enhance skills, get to know the community, meet new people, build a resume, and more. Volunteers are placed in avariety of positions throughout on and off post communities. For more information call 286-5913/287-VOLS(8657).

EDUCATION TIDBITS

Free Education on the Internet

No tuition, no books to buy, no hidden fees. It's free ... all of it!
Complete courses and tutorials for more than 120 different vocational and academic disciplines.
Education as never before! For more information go to: http://www.free-ed.net

USEFUL WEBSITES

Fort Hood ACS	www.hoodmwr.com/acs
Fort Hood MWR	www.hoodmwr.com
MWR	www.armymwr.com
Fort Hood Home Page	www.hood.army.mil
Texas Workforce Commission	www.twc.state.tx.us
Central Texas College	www.ctcd.edu
Dept. of Army Positions	www.cpol.army.mil
Open Contract List	http://ccmd.hood.army.mil
Financial Aid	www.salliemae.com
Army Life Resources	www.myarmylifetoo.com
Military Spouse Job Search	www.msjs.org
Military One Source	www.militaryonesource.com
Employment Guide	www.employmentguide.com

the same meals every month?
in to cook on a budget?

Community Service, along with our
partner Capital Area Food Bank of Texas for

"Basic Cooking Skills"

Referral & Outreach
office@hood.army.mil

CHOICES

FACT SHEET

OSJA
Mrs. LeeAnna George (288-5040)
23 January 2007

AFZF-JA-LA

SUBJECT: Fort Hood Tax Center - 2007

1. PURPOSE: To provide information about the services offered by the Fort Hood Tax Center (FHTC).

2. FACTS: The FHTC will be **open** from **16 Jan – 20 Apr 2007**. The FHTC number is 288-7995. Questions may be directed to the FHTC at 288-7995 and 288-5040.

a. **Hours.** Hours of operation will be 1000-1800, Tue – Sat. The FHTC will be closed on Sundays, Mondays, federal holidays, and Saturdays following Friday training holidays.

b. **Walk-in Service and Appointments.** The FHTC provides assistance on a **walk-in basis** during normal business hours. Walk-ins may be stopped prior to the close of business to ensure completion of all clients' taxes that business day. **Appointments** are available for any client by calling 287-3294 and may be made one week in advance. Appointments are available for Colonels and above, Sergeants Major, Commanders, First Sergeants, and Family Child Care providers by calling the Post Tax Officer at 288-5302 or Post Tax Coordinator at 288-5040.

c. **Location.** The FHTC is co-located with the Clear Creek Commissary, building 50001 on Clear Creek Road. The Tax Center has its own entrance at the front right side of the building.

d. **1040EZ drop-off.** There are two drop-off sites, one located in the Tax Center and one in the III Corps Legal Assistance Office (Rm 224, III Corps HQs). 1040EZ customers return 3 duty days later to sign their return and have it electronically filed.

e. **Eligibility & Services offered**. These services are **FREE** to all active duty military, family members, and retirees. Services offered include: (1) distribution of federal and state income tax forms; (2) assistance with and preparation of federal and state income tax forms; (3) electronic filing of federal tax returns; and (4) direct deposit of refunds or automatic debit of tax owed.

f. **What is Required**. FHTC taxpayers must bring all tax-related documents, including W-2 forms, 1099 forms, records of child-care expenses and provider information, power of attorney (if spouse is unavailable), and a social security card for each family member shown on the return. POA's must specifically state 'for income tax' **and** for which tax year the agent is allowed to file. For direct deposit of refunds or electronic debit of amount owed, you must provide the routing number and account number to the banking facility, as well as the type of account (check copies are highly encouraged).

g. **Tax Briefings**. The Tax Officer is available to provide briefings to units, family support groups or similar organizations on basic tax information and FHTC operations. Call 288-5302 for arrangements.

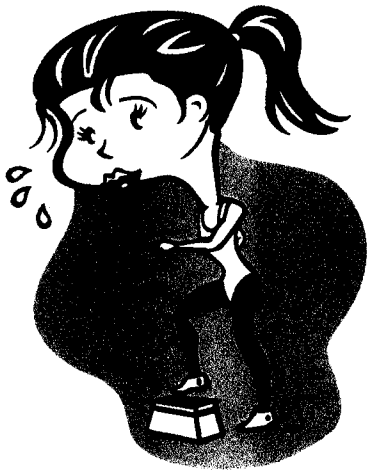
h. **State taxes.** State tax returns are done on an appointment basis at the III Corps Legal Assistance Office, bldg 1001, rm 224. Call 288-5040 to schedule an appointment.

i. **Prior year taxes**. The FHTC will prepare 2006 federal tax returns and 2005 federal tax returns for soldiers returning from deployment at the Clear Creek facility. The tax office located in the III Corps Legal Assistance office (Bldg 1001, rm 224) will prepare all state tax returns, amendments, and returns for years other than 2006 on an appointment basis. Call 288-5040 for an appointment.

AUTHENTICATION: LTC Richard W. Rousseau, SJA, RWR, DATE: 23 Jan 07

All are welcome!

Men, Women & Children



Aerobics Class to be held in the Produce Department of the Clear Creek Commissary

February 3, 2007

there will be 3 classes

9am, 1pm and 6pm

So put on your leotards and come join the fun!!