DEPARTMENT OF THE ARMY
HEADQUARTERS III CORPS AND FORT HOOD
Fort Hood, Texas 76544-5056
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FH Reg 600-24

Personnel General
PREGNANT SOLDIERS

SUPPLEMENTATION. Supplementation by subordinate headquarters is prohibited unless specifically approved by HSXI-DHS.

SUGGESTED IMPROVEMENTS. The proponent of this regulation is the Director of Health Services. Users are invited to send comments and suggested improvements to the Commander, III Corps and Fort Hood, ATTN: HSXI-DHS.

OVERVIEW

1

Purpose

This regulation establishes policies concerning pregnant soldiers assigned to Fort Hood.

1a

General

The intent of this regulation is to protect the health of the unborn child and the mother while ensuring productive use of the mother.

Clarification of duty limitations not specified in this regulation or in profiles should be addressed to medical authorities.

In such cases, until confirmation that an activity is not prohibited, conservative decisions should be made by first line leaders.

1b

RESPONSIBILITIES

2

Soldier

The soldier seeks medical confirmation of pregnancy.

- Initially soldiers submit a urine sample for laboratory confirmation of pregnancy.
  - Based on a positive lab test the soldier is scheduled for an OB physical by the Department of OB/GYN, Darnall Army Community Hospital.
  - At the time of OB physical,
    - confirmation of pregnancy is made and
    - the MDA Form 441 (Statement of the Medical Officer Counseling Obsterics Patients) is issued with estimated date of confinement (EDC).
      - This EDC is used in preparing DA Form 3349 (Physical Profile Board Proceedings Medical Condition - Physical Profile Record).

Sick in Quarters and convalescent leave are handled on a case basis by the attending physician.

2a

Unit Commanders

The unit commanders counsel all soldiers with confirmed pregnancy per 2a above according to

- AR 635-120 (Officer Resignations and Discharges)
- AR 635-100 (Officer Personnel), and
- AR 635-200 (Enlisted Personnel).

2b

* This regulation supersedes FH Regulation 600-24, 17 June 1981.

POLICIES AND PROCEDURES

3

Uniforms

Proper wear of uniforms and civilian maternity clothing is addressed by AR 670-1 (Wear and Appearance of Army Uniforms and Insignia).

A female soldier who is pregnant and has had her OB physical is issued an MDA Form 441 which states the soldier's EDC or delivery date.

- With this form the enlisted soldier is authorized to go through her unit supply for the appropriate request for the PX to issue two maternity uniforms.

Officers purchase their uniforms.

Routinely, at 24 weeks soldiers are authorized to wear the maternity uniform as the duty uniform.

Commanders may direct the wearing of the maternity uniform before the 24th week if

- the woman's condition becomes obvious in a normally fitted uniform or,
- in the commander's judgment, the normal duty uniform, when worn, does not meet Army appearance standards.

Should maternity uniforms not be available, soldiers are authorized the wear of civilian maternity clothing.

- A name tag with the soldier's last name is worn during duty hours.

3a

Training

Soldiers with confirmed pregnancies per 2a above will have physical limitations imposed under AR 40-501 (Standards of Medical Fitness), paragraph 9-9c, change 34.

3b

Deployability

Pregnant soldiers are nondeployable under AR 614-30 (Overseas Service), paragraph 6-6.

Soldiers are deployable following delivery and convalescent leave under AR 614-30, paragraph 6-7.

- Exceptions may be granted under provisions of the same paragraph.

Unit commanders change soldiers' assignment, eligibility, and availability (AEA) code upon notification of confirmed pregnancy and upon the return from convalescent leave.

3c

Sick Call

Illnesses associated with pregnancy (i.e., morning sickness, dizziness, constipation, etc.) is routinely treated at regular scheduled sick calls at the designated troop medical clinic (TMC).

3d

Sick in Quarters

Soldiers are placed "sick in quarters" on a case basis by the attending physician under AR 40-501, paragraph 9-9e, change 34.

3e

Convalescent Leave

Soldiers are placed on convalescent leave normally for 4-6 weeks after delivery under

- AR 40-501, paragraph 9-9e, change 34, and
- AR 630-5 (Leave and Passes)

3f

Profiles

Temporary profile for pregnancy is issued per 2a above and under AR 40-501, paragraph 9-9c, change 34.

(Continued on next page)

Profiles (continued)

Temporary profiles for nonpregnancy-related medical conditions (e.g., orthopedic injuries) may be issued to pregnant personnel by physicians' assistant and physicians from other than the OB/GYN Department.

3g

OTHER AREAS OF CONCERN

4

Duties

Pregnant soldiers, unless placed on "Sick in Quarters" status, are considered capable of performing all assigned duties such as

- charge of quarters (CQ)
- details
- area police, etc.

4a

Parades

Pregnant soldiers with a temporary profile will not take part in parades because of the requirement of prolonged standing.

4b

Billeting

The unit commander determines whether billeting in troop barracks or residing off-post is most appropriate according to individual circumstances.

With the exception of complicated cases, there is no medical contraindication to pregnant personnel residing in troop billets.

The pregnant soldier is authorized basic allowance for quarters (BAQ) in the seventh month of pregnancy to ensure the establishment of a household before the delivery date of the child.

4c

Conduct and Discipline

In appropriate cases, commanders may take administrative or disciplinary action against individuals using pregnancy as an excuse for dereliction of duty.

Before disciplinary or administrative action, commanders may seek consultation with

- obstetrical authority
- staff judge advocate
- female supervisor, and
- other commanders.

4d

Inclusion in Unit Activities

Every effort is made to ensure pregnant soldiers are included in unit activities not excluded by uniform requirements or specific profile limitations.

4e

FOR THE COMMANDER:

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