



DEPARTMENT OF THE ARMY
HEADQUARTERS, III CORPS AND FORT HOOD
1001 761ST TANK BATTALION AVENUE
FORT HOOD, TEXAS 76544-5000

COMMAND POLICY
MEDCEN-01

REPLY TO
ATTENTION OF

MCXI-BBC

JUN 10 2011

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Utilization of the Physical Profile

1. Reference Army Regulation AR 40-501, 14 December 2007, Standards of Medical fitness.
2. Purpose: To inform Commanders of the requirement to ensure that leaders at all levels in their command adhere to the restrictions/limitations documented on DA Form 3349 (Physical Profile) by medical personnel and not view them as "recommendations."
3. Bottom Line: The intent of physical profiling is to ensure that a qualified medical provider assesses medical conditions and determines functional activities and limitations/restrictions related to these conditions. If a Commander disagrees with the profile issued, they will annotate this in Blocks 19-21 on DA Form 3349 and request reconsideration by the profiling medical provider. Problematic or controversial cases may be verified or revised by the MTF Commander.
4. Background:
 - a. The DA 3349 is utilized to document the limitations of a Soldier based on evaluation of their Mental, Physical and Medical status. There are two key players in this process, the profiling provider and the Unit Commander.
 - b. The profiling provider is required to evaluate the patient's condition and determine restrictions based on the physical and mental limitations of the Soldier, prognosis for return to full duty and the risk of aggravation or further injury if a Soldier participates in certain activities. These limitations must be written clearly and in layman's terms. Limitations will be listed specifically and realistically, general remarks such as "no field duty" will not be utilized. The only exception is for mental health conditions where "no simulated combat conditions" is a valid profile for certain mental health conditions.
 - c. Unit Commanders will review all limitations annotated on the Soldier's DA 3349 to determine assignments and duty positions based on the listed limitations and a logical progression from those limitations. For example, no Kevlar or IBA would mean that the Soldier could not participate in ranges or drive military vehicles or deploy into a

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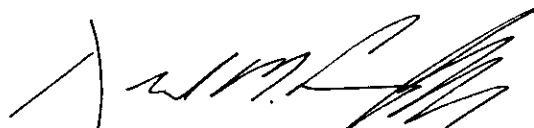
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combat environment. Likewise, some limitations require the use of sound judgment on the leader's behalf and should not be taken literally. For example, "no lifting over 40 lbs" means that a Soldier should be restricted from lifting heavy objects, it does not mean the Soldier is capable of lifting 39 lbs or less for indefinite period of time.

d. There is a standard profile for pregnant Soldiers under AR 40-501, chap. 7-9 and it has very specific limitations for the prenatal and post partum periods.

5. I encourage leaders to communicate with the medical providers who have issued the profiles if they have questions about the limitations/restrictions or reasons for the limitations.

6. This policy letter supersedes policy memorandum MEDCEN-01 dated 02 November 2009, and will remain in effect until superseded or rescinded.



DONALD M. CAMPBELL, JR.
Lieutenant General, USA
Commanding